

# An All-Natural Mood Health Solution for Women

Improve Sleep Quality

1.8X better than 5-HT, 4X better than chamomile

-  Relieves Stress and Anxiety
-  Protects the Brain Nerve and Nourishes the Neurons
-  Improves Sleep Quality
-  Improves Cognition & Memory



EASYMIND

Patent pending No. 17094840 / 1710562

EasyMind™ is a specially formulated botanical blend with four traditional Asian herbs: *Bai Shao*, *Gardenia*, *Silk Tree*, and *Tree Peony*.

## Why Choose EasyMind™

4 herbs formulated to boost women's health; Balanced expression of various neurotransmitters; Established mechanism of action; Reduce time spent trying to sleep 65% and extend sleep duration by 1.4X longer; Patented, clinically proven, safe, and effective; Vegan, Allergen-free

### Supported forms:

Capsule, Tablet

### Dosage:

670-1340 mg/day

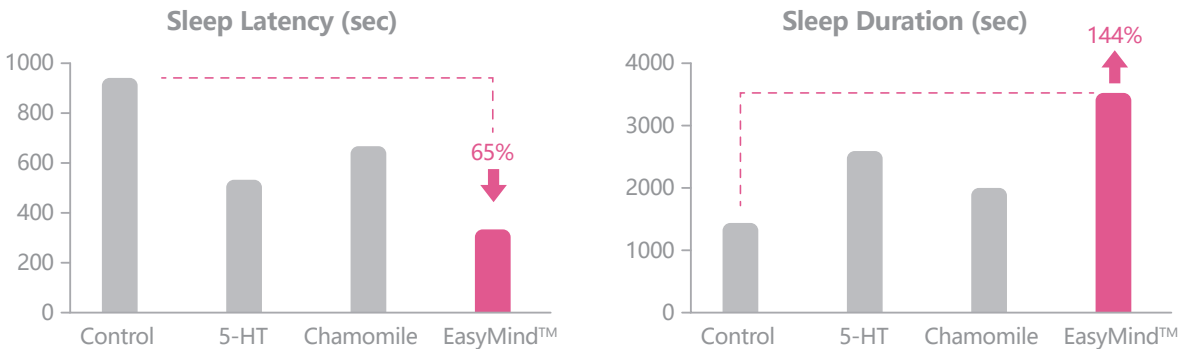
### Applicable to:

Adult women under stress from work and life; Peri & post-menopausal women

## Pre-clinical Studies

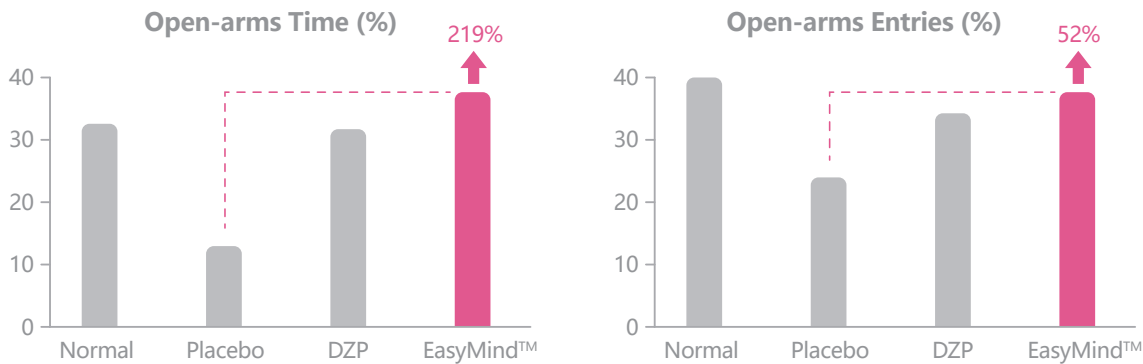
### EasyMind™ Enhances the Sleep Quality

The results found that EasyMind™ reduced the sleep latency by 65% and increased the sleep duration by 144% respectively. It was superior to 5-HT and Chamomile.



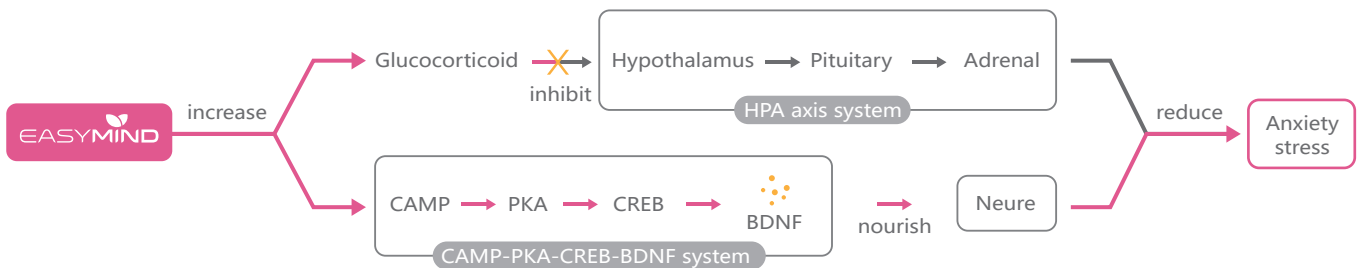
### EasyMind™ Relieves Stress & Anxiety

For anxiety rats modeled by Chronic Restraint Stress, EasyMind™ significantly increased the OT% and OE% by 219% and 52% respectively in EPM test. The results showed that EasyMind™ had effects on reduction of anxiety & stress, increasing positive experience of stress.



## Mechanism of Action

Our study indicates that EasyMind™ supports the reduction of stress and anxiety by inhibiting the over expression of HPA axis, while promoting the expression of CAMP-PKA-CREB-BDNF pathway.



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#### Product Stability

Two-year shelf life if stored under cool, dry and dark conditions

#### Our Customized Service also Includes:

Contract Manufacturing for Finished Product and Botanical Extraction  
Formulation Design  
Functionality Evaluation